

VB CLINIC #1 is Saturday, April 6, 2013

Kindergarten – 4th Grade

## GEORGE RANCH HIGH SCHOOL LONGHORN VOLLEYBALL 2013 SPRING CLINICS



If you are looking for the opportunity to improve your volleyball skills, now is your chance! The GRHS Longhorn Volleyball team will host several VOLLEBALL CLINICS for anyone who is in Kindergarten through 8th grade. You will have the chance to improve your individual skills such as serving, hitting, passing, blocking and setting. You will also have the opportunity to develop team leadership skills as well as fun activities with the Longhorn Volleyball Athletes.

The cost is \$30 per clinic. There are several clinics to choose from. Please see the information below to select the clinic that best suits your needs. Registration will be the day of the clinic you are interested in attending. Please email Coach Forshee a week prior to your selection for participation head count.

**CLINIC SCHEDULE:** 

|   |  | 8:00am  | Registration Begins @ GRHS Gym      |
|---|--|---|-------------------------------------|
| VB CLINIC #2 is Saturday, April 20, 2013      |  | 8:30am  | Volleyball Clinic Begins            |
| 5 <sup>th</sup> Grade – 8 <sup>t</sup>        | <sup>h</sup> Grade                               | 11:30am   | Clinic Ends/Parents Arrive          |
| VD 01 INIO #0 ' 0 (                           |  | 11:45am   | All kids should be picked up        |
| VB CLINIC #3 is Sati                          |  |   |                                     |
| Kindergarten                                  | – 4º Grade                                       |   |                                     |
| VB CLINIC #4 is Saturday, May 18, 2013        |  | **All clinics will be held at GRHS except for<br>April 20 which will be held at ARJHS!! |                                     |
| 5 <sup>th</sup> Grade – 8 <sup>th</sup> Grade |  |   |                                     |
| To sign up for                                | a clinic and/or ask questions co                 | ntact Cheyanne Forshee a  | at <u>cforshee@lcisd.org</u> .      |
| Please bri                                    | ng this form and payment the day<br>ONLY ONE CHI | of the clinic. Only CASH  | will be accepted!!!                 |
| THIS ORGANIZAT                                | ΓΙΟΝ AND ITS ACTIVITIES ARE Ν                    | OT RELATED TO OR SPOR   | NSORED BY LAMAR CISD.               |
| Child's Name:                                 | Gra  | ade l'evel:   | OFFICE USE ONLY DO NOT WRITE IN BOX |
|   |  |   |                                     |
| Parent's Name:                                | Pare   | nt's Cell #:  | \$30 Registration                   |
| Parent's Email:                               |  | Total Amount Paid   |                                     |
|   |  | CASH ONLY!!   |                                     |
| Emergency Name:                               | Emergency #:                                     |   | Date Received                       |
|   |  |   |                                     |
| l,  | give permission for my child                     | ,   | to attend and participate in        |
| (Parent's Name)                               |  | (Child's Name)  | ·                                   |
| the GRHS Volleyball Clinic or                 |  | at George Ranch High Scho   | ol. I,                              |
|   | (Clinic Date)                                    |   | (Parent's Name)                     |

understand the athletes, George Ranch HS, and LCISD are not responsible for any accidents and/or injuries.